



AGE360



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Triptyque & Architects Office proposes a new typology of living spaces that combines private apartments with shared areas dedicated to the body and well-being. Inspired by ancient gymnasiums, this vision reimagines housing by integrating sports facilities, meditation spaces, and care centers, creating a harmonious ecosystem between the body, mind, and community, all within a sustainable and wellness-focused architectural framework.

According to Olivier Raffaëlli, co-founder of the agency:

«Adding the collective function of sports to a residential building is much more than enhancing the living space: it is about redefining housing as a place of holistic growth. Housing is no longer just a shelter but becomes a framework that supports and questions the body, especially in an era marked by the acceleration of the world's virtualization.»

The tower relies on a load-bearing façade, freeing the internal spaces from structural constraints and allowing total reversibility of layouts. The structural grid is interrupted to accommodate collective spaces dedicated to sports and well-being, while its lightweight, fully glazed façade opens the interior spaces to panoramic views of Curitiba, thus con-



necting the residents to the outside world.

Guillaume Sibaud, also a co-founder, adds:

«One of the major urban challenges is to rethink the envelopes of high-rise buildings and design them according to the principle of thick façades that are both sun-protected and inhabited. The constant relationship with outdoor spaces makes this type of living environment desirable.

We sought to reduce architecture to its essentials: structure, light, sky, and the quality of the spaces. This raw simplicity, inspired by brutalism, refocuses the architectural experience on what truly matters.»

At the base of the tower, the site establishes a dual interaction: a direct connection with the city at ground level and the recreation of a space filled with dense, native vegetation, merging nature with urbanity. Its singular and elegant silhouette, designed in compliance with urban planning setbacks, redefines the skyline of Curitiba.

Illustrating the principles of psychosocial well-being, this project is the first in Brazil to receive the title of *Wellness Building*. It has also obtained *Fitwel* and *Green Building Council* certifications and won the *Rethinking the Future* award in 2022.

Greg Bousquet highlights:

«Every decision was guided by functionality but resulted in something poetically integrated into the urban and natural context.»

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Location: Curitiba, Brazil

Date: 2017 – 2024

Client: AG7 Realty

Architects: Triptyque + Architects Office

Area: 18.000 m²

Program: Residential building

Status: Built

Interior Design: Suite Arquitetura

Landscape: Renata Tilli Paisagismo

Lighting design: Studio Carlos Fortes

Health and Wellness: Lapinha Spa

Images: Triptyque, Gustav Liliequist, Manuel Sá



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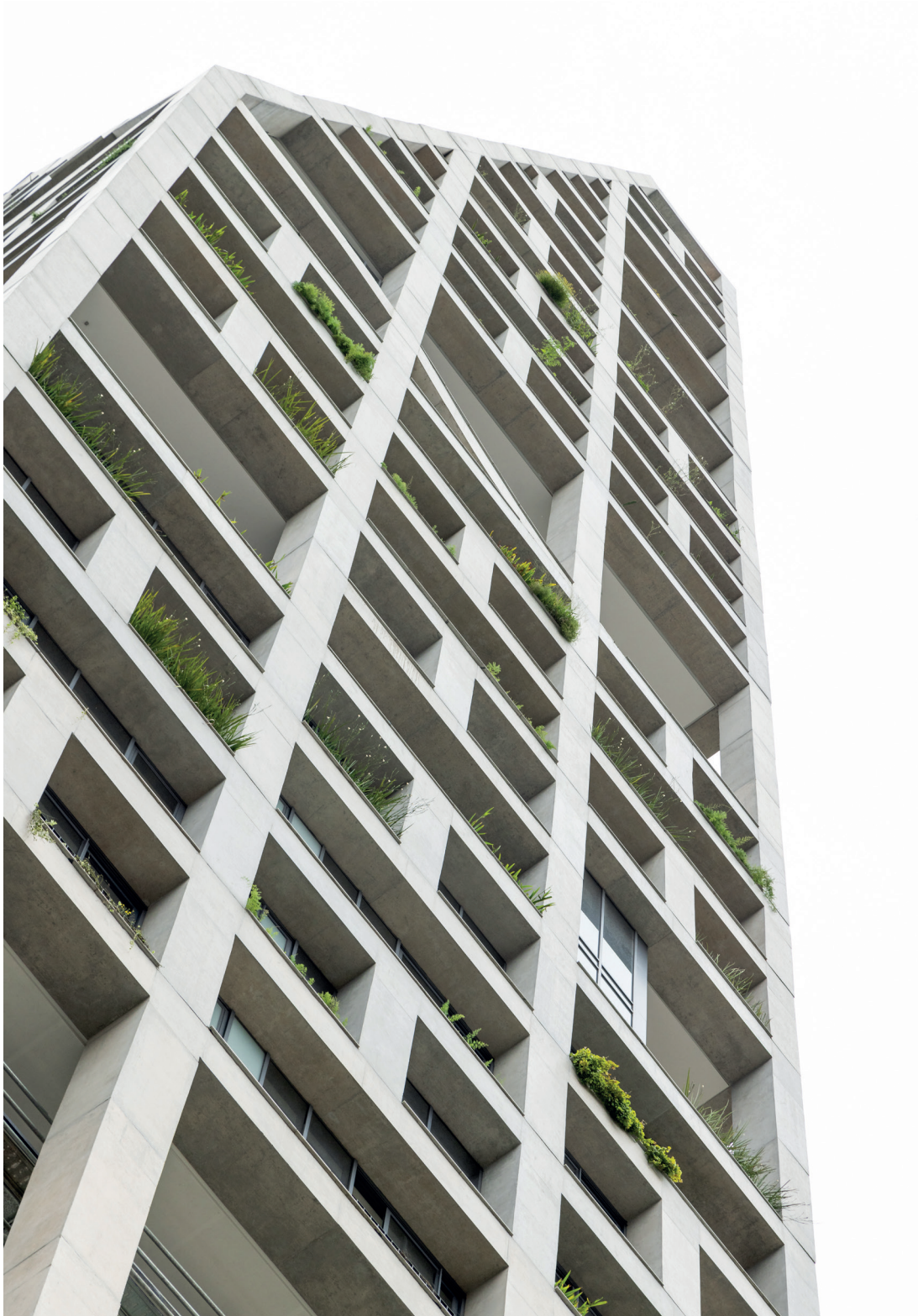


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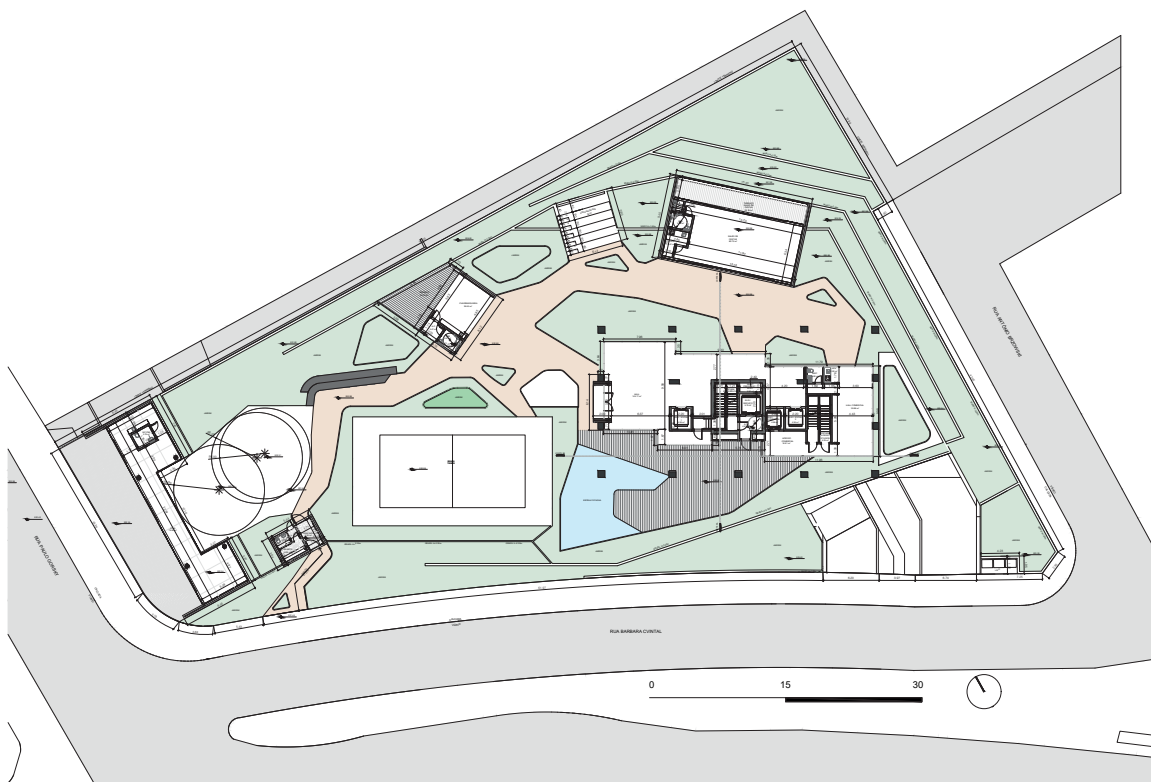
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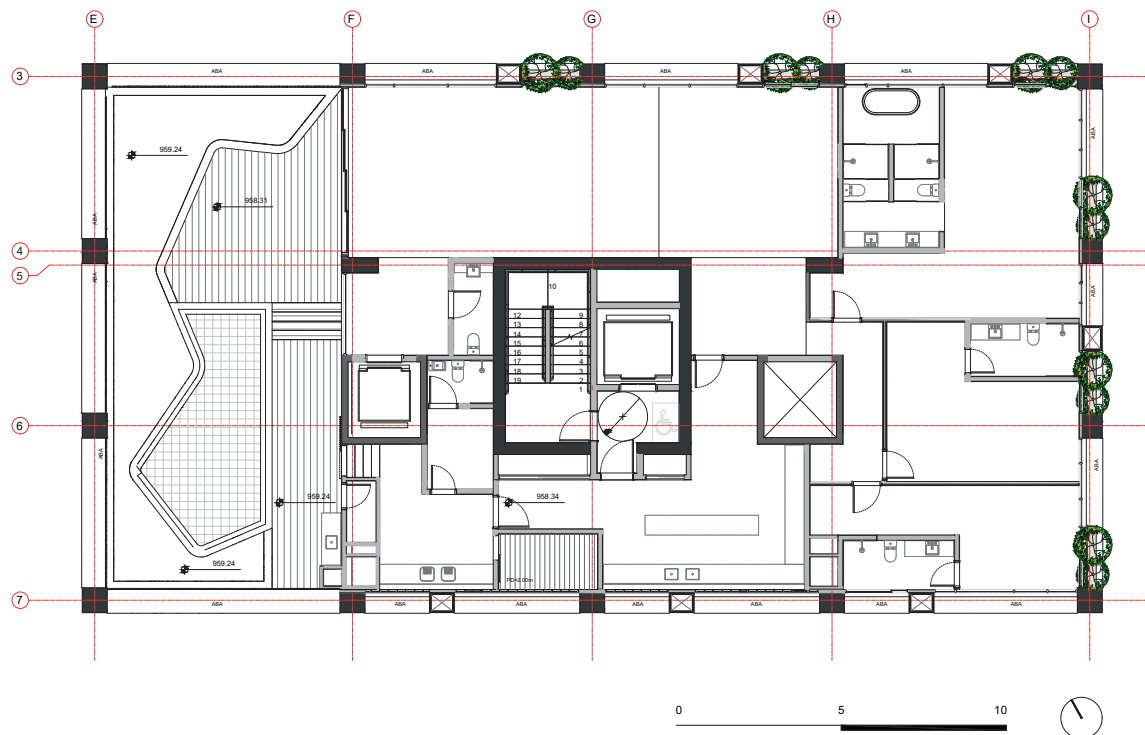
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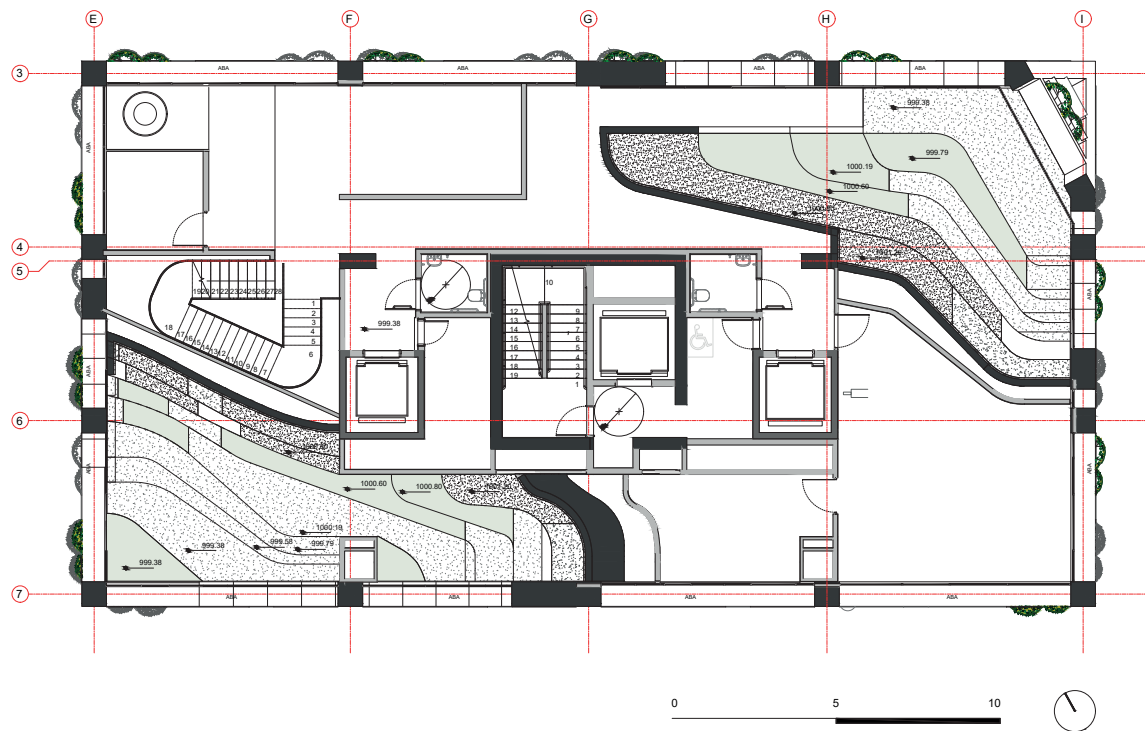
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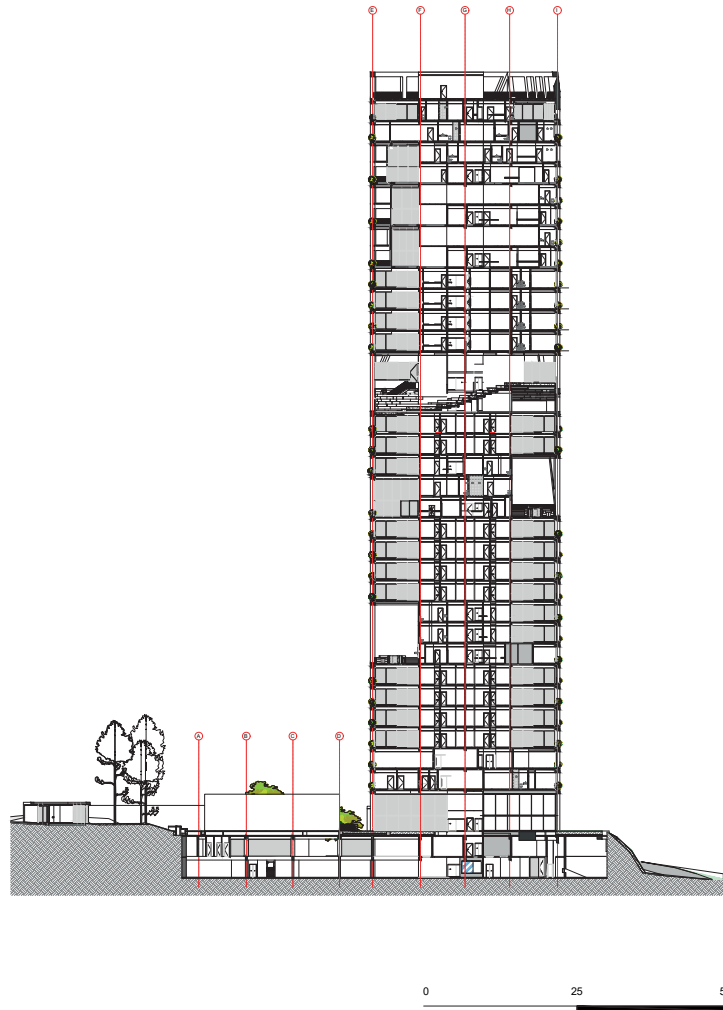
Master Plan



Garden apartment



Leisure floor



AA' Section



The Agency

Triptyque is a French-Brazilian architecture and urbanism agency known for its naturalist and rationalist approach. It is led by Guillaume Sibaud and Olivier Raffaëlli, founding partners, trained at the Paris La Seine School of Architecture and the Paris Institute of Urbanism. Driven by the same interest in contemporary metropolises and the desire to confront other realities, they founded Triptyque agency in São Paulo in 2000 and in Paris in 2008. In more than two decades, Triptyque has been developing, in Latin America and Europe, public and private architecture, urbanism and interior

projects in various fields such as residential, corporate, education, hospitality, healthcare and research. In addition, the agency also took part in several exhibitions and biennials. Models of some of their designs have been included in museum collections, such the Center Pompidou in Paris and the Guggenheim Museum in New York. Triptyque has received numerous international awards and their work has been published in many countries.

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